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**The HUM Game**

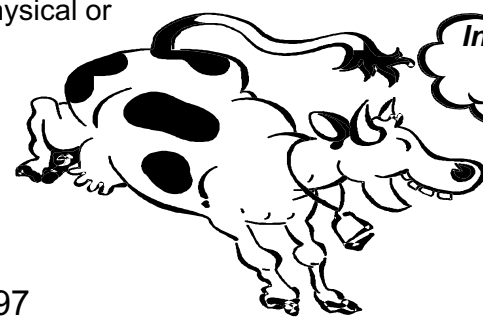
Prepare a card for each member with the name of a well-known song (e.g., "The Star Spangled Banner," "We Are the World," etc.) written on it ahead of time. You will need as many cards as members, and as many different song titles as desired groups. For example, if you have twenty members and want to break them into five groups of four, you will need five different song titles, each written on 4 cards.

Hand out the cards, being sure to give every member at the same table a title card. Ask everyone to stand, circulate, and hum the song on her/his listening for other members humming the same song. The goal of the exercise is to have all members humming the same song form a group. They cannot talk during the humming. If a member cannot hum, s/he can listen for and join those who are humming her/his song. Ask them to stand with their new group members. Once the groups are completely formed, ask each group to hum their song in turn. (This usually produces laughter.) After all the songs have been heard, ask the new groups to chose a table and sit down together.



different song card while listening to the humming. If a her/his song. Ask formed, ask each group to hum their song in turn. (This usually produces laughter.) After all the songs have been heard, ask the new groups to chose a table and sit down together.

Variations: Instead of songs, have members organize by animal sounds (e.g., duck "quack," cow "moo," sheep "baaa," etc.), physical actions (e.g., salutes, handclaps, etc.), human emotions (e.g., sadness, excited, clueless, etc.), or whatever types of groups imaginable. As with planning any activity, always keep in mind the needs of any individuals with physical or learning challenges.



*Interactive training is both effective and fun!*

MOSAICA thanks the participants of its May '97 training in Phoenix for contributing the examples below!

**1-2-3-4-5**

Number the tables in your training room. Write the numbers on small pieces of paper with enough numbers for everyone, and with the same numbers repeated the number of times needed to yield the desired group size (e.g., for five groups of six, use numbers "one" through "five" with six of each number). Put numbers in a hat and pass it around, asking every participant to take a piece of paper. Ask members to sit at the table with those with the same number as the one on their own pieces of paper. Everyone who randomly picked the same number will sit together in a new small group.



**Colored Dots**

Put different colored dots on participants' name tags or in their training packets. As they enter the training room, ask them to sit in small groups at a table with people who have the same color dots. This allows you to purposefully create the small groups before training starts. Consider "purposeful" grouping if you already know participants or you have information about them from pre-training questionnaires.

**Candy**

Prepare a bag of candy in advance (M&Ms work well!). The candy in the bag will depend on the size and numbers of small groups you need for your training session. For instance, if you have 35 participants and you want no more than five people in a group, you will need seven different types or colors of candy, and will need five pieces of each. Have members select a piece of candy, making sure they don't eat it. Those who received the same type or color of candy will sit together in a small group.

Variation: Consider a "change-up" once members know this activity and conspire to choose the same type of candy as their friends. Like above, have members select a piece of candy, making sure they don't eat it. This time, ask members to form groups that have all the types or colors of candy.

